



# WORKPLACE COACHING BEGINS WITH *ME*

## IT BEGINS WITH NUS

One of the critical skills that leaders of the future will need is the ability to facilitate coaching conversations at the workplace. At the most basic level, workplace coaching is useful for on-boarding a new team member on job responsibilities and duties. Workplace coaching is also an important part of performance management, developing a team member to perform at his or her optimal level.

**DATE****TBC****TIME****9.00 am to 5.30 pm****VENUE****National University of  
Singapore****FEE****S\$1,712** (includes GST)

The 2-Day workshop will equip leaders to understand workplace coaching from a relational and co-creative perspective. Our model of workplace coaching is underpinned by two theories—contemporary Transactional Analysis and Peter Senge's Learning Organisation.

**THE WORKSHOP WILL COVER THE FOLLOWING:**

- **What is workplace coaching**
- **The leader, the coach**
- **The coaching conversation**
- **The coaching process**

This leadership programme will be facilitated using a blend of reflective exercises, discussions, experiential exercises, action-learning, role plays, profiling, lectures, coupled with hands-on exercises and practical handles. Participants will be required to present recordings of workplace coaching conversations as case studies for discussions. This workshop comes with a 1-hour complimentary coaching session with a trained coach.

**WHO SHOULD ATTEND:**

- **Professionals, Managers, Executives, Business Owners**  
- looking to develop workplace coaching skills to improve individual and team performance

**REGISTER NOW!****SUPPORTING** Adult Learners, **PROMOTING** Lifelong Learning