

NUS Distinguished Senior Fellowship Programme - Tentative Programme Schedule

		Month 1							
		Week 1		Week 2		Week 3		Week 4	
		MON	WED	MON	WED	MON	WED	MON	WED
		25-Aug-25	27-Aug-25	01-Sep-25	03-Sep-25	08-Sep-25	10-Sep-25	15-Sep-25	17-Sep-25
		<b>DSF Core/Signature</b>	<b>Electives</b>	<b>DSF Core/Signature</b>	<b>Electives</b>	<b>DSF Core</b>	<b>Core/Electives</b>	<b>DSF Core/Signature</b>	<b>Electives</b>
						Week 3: DSF Core Courses during 1-week off-site trip Location: Cambodia			
<b>AM</b>	<b>9AM-12.30PM</b> (30 mins break in between)	<b>Intro to DSFP Reframing Mindset:</b> From Success to Significance	<b>Contemporary Affairs: Part 1</b> State of the World Today	<b>Reflective Autobiography WarmSpace Exercise Potential Purpose Projects</b>	<b>Contemporary Affairs Part 2:</b> Climate Change & Urban Ecosystem	<b>Reflective Autobiography WarmSpace Exercise</b>  <b>My Intentions for Purpose</b>	<b>Envisioning Success Assumptions &amp; Stakeholder</b>  <b>Contemporary Affairs:</b> Sustainability & Restorative Innovation	<b>Thriving in the 100-Year Life Part 3:</b> Data Science & the Future of Healthcare	<b>Contemporary Affairs Part 4:</b> Reading Political News
<b>PM</b>	<b>1.30PM- 5PM</b> (30 mins break in between)	<b>Thriving in the 100-Year Life Part 1:</b> Science of Cancer/ Chronic Diseases	<b>Philosophy/Religion Part 1:</b> Introduction to Various Philosophical Forms	<b>Thriving in the 100-Year-Life Part 2:</b> Leading Self Through Longevity (1.5 hr) Cognitive Performance (1.5hr)	<b>Philosophy/Religion Part 2:</b> Philosophy & Leadership, Communities, Self, and Mortality	<b>Form Project Teams</b>  <b>Design Projects</b>	<b>Action Resource Plan</b>  <b>Fieldwork &amp; Milestones</b>	<b>Thriving in the 100-Year Life Part 4:</b> Health Economics & Financing (2 hr) Healthcare Decisions & Your Wallet (1 hr)	<b>Philosophy/Religion:</b> Philosophy of the Arts & Symbolism
<b>*Need to attend all Core &amp; Signature Seminars and at least 4 out of 8 Elective Seminars to complete DSFP</b>									

		Month 2			
		Week 5	Week 6	Week 7	Week 8
		MON	MON	MON	MON
		22-Sep-25	29-Sep-25	06-Oct-25	13-Oct-25
		<b>Advisory/Deep Dive</b>			
<b>AM</b>	<b>9AM-12.30PM</b> (30 mins break in between)	<b>No Classes</b> Field Work Engaging and Interviewing Stakeholder	<b>Checking in/ Progress on Core Projects – Coaching by appointment</b>	<b>No Classes</b> Field Work Engaging and Interviewing Stakeholder	<b>Checking in/ Progress on Core Projects – Coaching by appointment</b>
<b>PM</b>	<b>1.30PM- 5PM</b> (30 mins break in between)	<b>No Classes</b> Field Work Engaging and Interviewing Stakeholder	<b>Thriving in the 100-Year Life:</b> Ageing & Intergenerational Relationship	<b>No Classes</b> Field Work Engaging and Interviewing Stakeholder	<b>Deep Dive:</b> AI and Recent Developments

Schedule is correct as of 25 Mar 2025 and subject to change.

Accepted DS Fellows will receive a finalised schedule before the programme begins.

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		Month 3							
		Week 9		Week 10		Week 11		Week 12	
		MON	WED	MON	WED	MON	WED	MON	WED
		20-Oct-25	22-Oct-25	27-Oct-25	29-Oct-25	03-Nov-25	05-Nov-25	10-Nov-25	12-Nov-25
		DSF Core	Electives	DSF Core	Electives	DSF Core	Electives	DSF Core	Electives
AM	9AM-12.30PM (30 mins break in between)	No Classes Deepavali	Culture/History <b>Part 1:</b> Cultural & Historical Dimensions	Fundraising & Philanthropy Strategy	Culture/History <b>Part 2:</b> Religions of Asia	Entrepreneurship- Is it <b>for me?</b> Conscious Entrepreneurship	Arts Appreciation: Intro to Art - Singapore in SE Asia & the World	Stakeholder Engagement <b>Report in on Purpose Project</b>	Culture/History: Exploring the Wuxia Genre & Cultural Influences
		DSF Signature	Electives	DSF Signature	Electives	DSF Signature	Arts Appreciation	DSF Signature	Electives
PM	1.30PM- 5PM (30 mins break in between)	No Classes Deepavali	Arts Appreciation: NUS Museum & Heritage Walking Tour	Thriving in the <b>100-Year Life Part 6:</b> Science of Sleep	Culture/History: Food Anthropology of Asia	Thriving in the <b>100-Year Life Part 7:</b> Technology and Longevity	Arts Appreciation: Visual Arts	Thriving in the <b>100-Year Life Part 8:</b> Nutrition through the Life Cycle	Arts Appreciation: Art & Philanthropy
				To be scheduled: An Experiential Session (Performance/Museum)					
*Need to attend all Core & Signature Seminars and at least 4 out of 8 Elective Seminars to complete DSFP									

Capstone Week/3-hr Executive Seminars	
Week 13	
MON	WED
17-Nov-25	19-Nov-25
<b>Time: 9AM - 3PM</b>	<b>Time: 2PM - 9PM</b>
9AM-10.30AM	2PM-4.30PM
Report Back on Stakeholder Engagement, Purpose Project Progress	Practice/Coaching Session on Final Presentations
11AM-12.30PM	4.30PM-5.30PM
Report Back Continued. What's next for my purpose project? Making impact.	Final Reflection and Reflective Autobiography
1.30PM-3PM	6PM-7PM
Communications for Social Change	Final Presentations by Fellows
	7PM-9PM
Homework: Preparing Your Capstone Presentation	Reception*/Celebratory Dinner/Certificate Presentation
*Faculty, Guests, Stakeholders, and Family	

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